Our bedtime routine

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
 1. Pajamas	○	○	○	○	○	○	○
 2. Brush teeth	○	○	○	○	○	○	○
 3. Story	○	○	○	○	○	○	○
 4. Night light	○	○	○	○	○	○	○
 5. Lights out	○	○	○	○	○	○	○
 6. Sweet dreams	○	○	○	○	○	○	○

Do the same steps in the same order. Each night, stick a star or draw a mark in the circle when a step is done.

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